

## ***St. Margaret Mary Parish***

### ***Ministry of Holistic Health-Parish Community Advocacy***

***Proposed Gatherings-Please provide feedback on these ideas***

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#### **Bike/Walk to Church Sundays**

- 10/11/15 AND 5/15/16 for 9:30 am Mass, in conjunction with St. Margaret Mary school Walk/Bike to school days (A Safe Routes to Schools initiative)
- For those who bike/walk to church that day-provide a refreshment (bottle of water) or some other recognition.
- Purpose-to encourage family attendance at Mass, in support of Bishop Ricken's "Teach My People to Pray" initiative and Pope Francis's focus on environmental sustainability.

#### **1) Toddler Mom Networking:**

- a. Third Wed. each month, starting 9/16/15 9:30-11:00 am
- b. Location Friendship Hall-babysitting room
- c. Purpose-to provide networking opportunity for moms with toddlers to talk about growth & development for children-mind/body/spirit. This will also be an opportunity for toddlers to have some playtime together.

#### **2) Caregiver Coffee:**

- a. First Tuesday of the month, starting 10/6/15 8:00-9:30 am
- b. Location-Parish Center
- c. Purpose-opportunity for caregivers to share insights into care of the elderly, care of those with Alzheimer's, dementia, physical disabilities, and emotional disabilities.
- d. Format would include group prayer, book discussion, guest speakers, sharing of pertinent articles and other information that might be helpful.